e - HAND BOOK OF DOMESTIC MEDICINE AND COMMON AYURVEDIC REMEDIES
User Manual

Index

Home page

Home page gives the information about all the features embedded in the e-book. It displays with the title **HAND BOOK OF DOMESTIC MEDICINE AND COMMON AYURVEDIC REMEDIES**.

Horizontal Menu: It has options to browse e-Book home; About us; Read Book; Appendix; Abbreviations, Transliteration Key; Browse by Diseases; Search; User manual.

About us

Foreword : Foreword by Director General, CCRAS

Preface : Preface by Director, NIIMH

Project Team : Gives the information of the team worked for the preparation of e-Book of Hand Book of Domestic Medicine and Common Ayurvedic Remedies.

Contact Us : Gives the contact information.

Read Book

Select Chapters

There are 5 chapters in this e-Book. To read the particular chapter user can select Chapter 1 to Chapter 5 by selecting the relevant option from drop down menu. Fourth chapter contains diseases wise description viz., Signs, Symptoms, Treatment etc.,

User can read chapter wise through browsing to & from to previous/ next Chapter by clicking

Right/Left/Up arrow buttons located at bottom of the page of selected chapter, user can go to previous/Next/Top of the chapter.

To go Next Chapter

To go Previous Chapter

To go Top of the chapter

Browsing through a Chapter:

Using Table of Contents

Every chapter contains the Table of Contents option, but by clicking on this option, contents of the chapter are displayed. By choosing any particular content, the details of that section are directly displayed.

CHAPTER TWO
SVASTHAVṚTTA

Table of Contents

Select Chapter four:

To view a diseases in Chapter four use the drop-down box. By selecting this option user can see all names of the diseases and by selecting any one of disease the details can be read.

HAND BOOK OF DOMESTIC MEDICINE AND COMMON AYURVEDIC REMEDIES

Home   About   Read   Appendix   Abbreviations   Transliteration Key   Browse by Diseases   Search

CHAPTER FOUR
TREATMENT OF COMMON DISEASES

Select Disease :   --Select--   [GO]

--Select--
AGNIDAGDHA
AGNIMĀNDYA
Jalavāyu Doṣajanya Agnimāndya
AJĪRNA
Alasaka
Vilambikā
ATISĀRA
Jīrnātisāra
Raktātisāra
Āntra Śothaja Atisāra
Jvarātisāra
Guda-Bhramśa
Pravāhikā
ĀNTARIKA VIDRADHI
ĀNTRA-VRDDHI
ĀNTRA-PUCCHA PRADĀHA
APASMĀRA
AMLAPITTA
AROCAKA

Regional Name

Asam.	:	Jalnā
Beng.	:	
Dogr.	:	
Guj.	:	
Hind.	:	Jalnā
Kan.	:	Sutta Gayā
Maly.	:	Thīpollal
Mra.	:	Agnidagdha, Jalane
Ori.	:	Poḍā Griā
Panj.	:	Jalanā
Tam.	:	Tīpunn
Tel.	:	Ollukāluta
Eng.	:	Burns and scalds

Injury caused with the contact of excessive heat is known as Agnidagdha. According to the degree of the injury, burns are classified into four groups viz. Pluṣṭa, Durdagdha, Samyagdagdha and Atidagdha.

Signs and Symptoms

1. Pluṣṭa: These are the simple burns where colour of the skin is considerably affected and the skin is shrivelled as a result of scorching.

Appendix

In the Appendix menu by selecting from the drop down box, there are six Appendices,

Abbreviations

Select Abbreviations button to view abbreviations and their full form in a table form.

Key to Transliteration

By Selecting on the button "Key to Transliteration", user can see the keyboard and it helps in understanding the Diacritical of Devanagari in turn aids in typing Sanskrit technical terms.

Browse by Diseases

There are two options provided here to browse the diseases.

1. Select Disease

This option is provided to select a disease listed from the drop down box.

2. Search disease by Regional Name

In this option user can select the diseases by the Regional name (Language) i.e., by selecting in the drop down box, the disease details are displayed in Sanskrit with the name related to the selected language. The disease names are displayed in Asamiya, Bengali, Dogari, Gujarati, Hindi, Kannaḍa, Malayalam, Marathi, Oriya, Panjabi, Tamil, Telugu, English languages.

Search

For the search purpose there are Diacritical letters listed above the search option.

Any technical term of Ayurveda should be typed in Diacritical only, (to know how to type in Diacritical letters, click **KEY TO TRANSLITERATION** button).

For Example, to search a word **grahaṇī,** type the word in Diacritical in a search box and click on search button, The search results are displayed in the order of the web page.

The search results are the displayed in the order in the web page.

By selecting the **Link: View Page** option, the information of **grahaṇī** will be displayed in the new web page.

CHAPTER FOUR
TREATMENT OF COMMON DISEASES

Select Disease : `--Select--` ▼ | GO

ग्रहणी-रोग

GRAHAṆĪ-ROGA

Regional Name

Asam.	:	Grahaṇī
Beng.	:	Grahaṇī
Dogr.	:	Saṅgraṇī
Guj.	:	Saṅgraṇī
Hind.	:	Apāvaśōṣaṇa
Kan.	:	Grahaṇī
Maly.	:	Grahaṇī
Mra.	:	Grahaṇī
Ori.	:	Laī Jhāḍā
Panj.	:	Saṅgarahaṇī
Tam.	:	Kirani
Eng.	:	Sprue, malabsorption syndrome

Grahaṇī is a disease in which patient is unable to digest his food properly and passes it out frequently through motions in the undigested or digested form with foul smell. The consistency of the stool changes frequently i.e. sometimes it is loose and some time it is formed.

Signs and Symptoms

In this condition, the patient passes sometimes loose and sometimes formed motions. Other symptoms are flatulence, loss of weight and energy, indigestion, depression, chaffing of skin, dryness of throat and mouth, thirst, ringing in the ear, and aversion to sexual intercourse.

Treatment

SYSTEM REQUIREMENTS:

Hardware Requirements :

- ◆ Pentium IV Processer or Later (or Other Equivalent Processors)
- ◆ CD or DVD Drive
- ◆ Minimum 256 MB RAM
- ◆ Best view in 1024×768 Resolution

Software:

◆ WindowsXP SP2 or Later with Unicode, Indic & Complex scripts enabled. (See below for enabling Unicode)

◆ For Ubuntu or Linux or any other OS: (See Below)

◆ Better viewed in Mozilla Firefox 3+ (potable Firefox is available in the CD). If interested in viewing in other browsers (Internet Explorer 8 etc) opened browser should be kept open (i.e. **Default Browser window should not be closed**)

How to Enable Unicode fonts and Install Indian scripts in Windows Operating System only.

(1). Start → Control Panel → Regional & Language Options → Languages → Select 'Install files for complex scripts and right to left languages' & Select 'Install files for East Asian languages'.
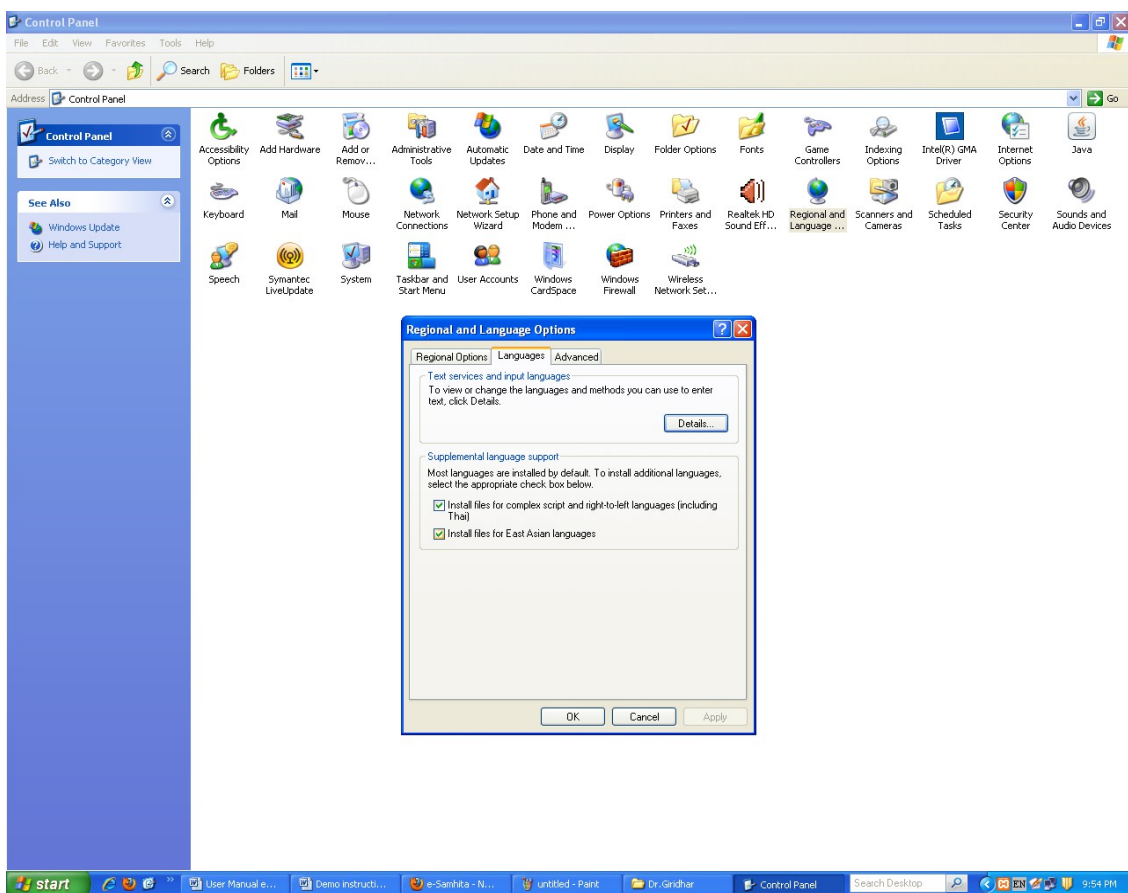
(2). Start → Control Panel → Regional & Language Options →Languages → Details→ Advanced → select 'Extend support of advanced text services to all programs' (& Do not Select 'Turn off advanced text services')
   Note: Both of these require Windows Installation CD. Restart is needed after installation.
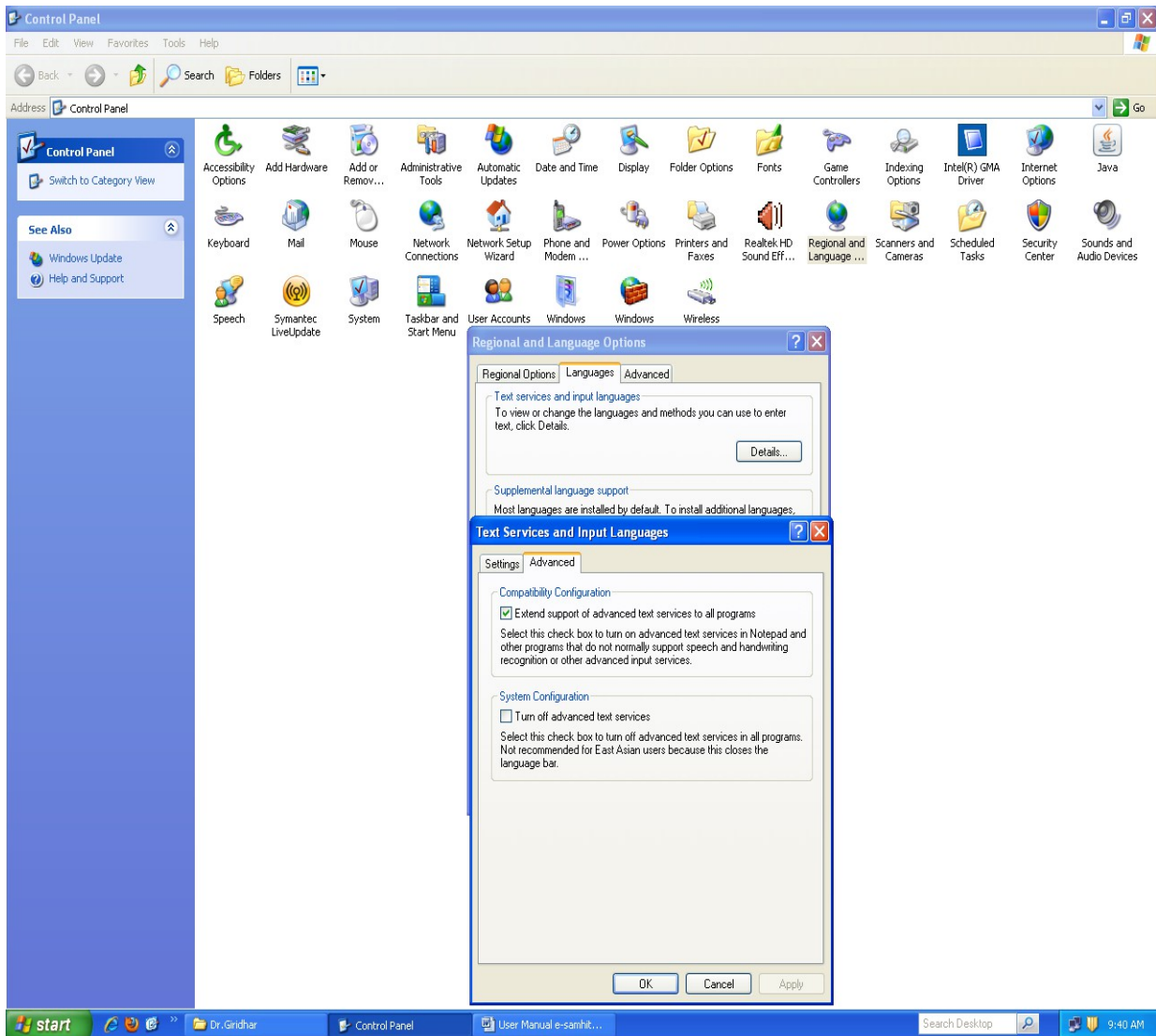
How to RUN the software:

1. Insert CD.
2. User will be asked to OPT for Running the Application DIRECTLY from CD or INSTALL on the LOCAL MACHINE and RUN.
3. While installing on local machine user has to chose the destination path. eg C:\Program Files.
4. Once installed on the local machine, the user can run the application without CD.

Points to Remember:

1. Closing Default opened Browser window will automatically shutdown the server.
2. For advanced users & on other Operating Systems :
• The application uses port 4001 by default. You may change (if necessary) this setting in the file pms_config.ini in the server folder.

For Ubuntu/ Linux/ Mac:

• For OS other than Windows you need to have a working Apache web server configured for PHP, XML.
• If you already have an Apache server running - you want to host Madhavanidana, put the contents of server/htdocs/Madhavanidana in your web server root. Now the application is ready to be viewed on intranet.

For Further Help :

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